

Date: September 1, 2009  
To: Parents/Guardians  
From: Mariko URABE, Principal  
New Influenza

After the emergence of the New Influenza in spring, the infection has spread towards midsummer, and many cases of group infections in school clubs or training camps during the summer break have been reported.

Today at the beginning of the new semester, it is essentially necessary for all of us to take every possible and stronger countermeasure against the spread of the infection in our school normally thought to be highly prone to infection. Unfortunately, however, it is possible that we will be obliged to close the school partly or totally as the situation demands.

All the parents and guardians are requested to take into consideration the following infection preventions and health management based on correct information.

1. Infection prevention and health management

- (1) Daily health management by keeping regular hours, washing hands and gargling periodically, etc.
- (2) Check before going to school. Refrain from going to school but visit the clinic if necessary.
- (3) When you start having symptoms, wear a mask or ban yourself from leaving home. Pay full attention to “coughing etiquette” in order not for anybody around you to be exposed directly to your cough or sneeze.

2. In case that a student has a preexisting disease leading to a critical illness

When your child has a preexisting illness such as chronic respiratory illness, chronic cardiac disease, childhood cancer, diabetes or kidney disease, consult the family doctor so that, immediately after the disease is developed, he/she may get early medical examination and treatment.

3. In case it is doubtful that a student has caught the New Influenza

Contact a general medical institution or family doctor, and go to clinic or hospital wearing a mask. When no contact is available, call the “New Influenza Consulting Center” at the nearest Local Health Center open from 9:00 – 17:00. From 17:00 – 9:00 on weekdays, and on Saturdays, Sundays or holidays, call 0570-03-1203.

4. Action to be taken when someone has caught the New Influenza

- (1) When a student of our school or some member of his/her family has caught the New Influenza, report to the school without delay.
- (2) Stay at home except for a medical consultation, and continue staying at

home at least for two days from the next day when the fever goes down.

5. Action to be taken in case of a temporary closing of the school

It is possible that, depending on circumstances, the school will be closed totally or on a school year or on a class basis. Parents and guardians are requested to instruct children not to go out unnecessarily in order to minimize possible infection.

For more details, please contact the following:

Mr. Sato, Vice-principal

Mr. Kimura, responsible for health care

Telephone No.: 03-3468-6811